

October 28th, 2009

Last week, Jon and I took the children and the dogs to Forest Park for a lovely fall afternoon outing. While the children biked, Jon and I walked the dogs.

The former site for the Louisiana Purchase Exposition which drew over 19 million visitors in 1904, Forest Park sits on 1,293 beautiful acres at Hwy 40, Oakland, and Skinker. Created in 1876, this park was fashioned after New York's Central Park, but is actually 50% larger. On opening day, 50,000 St. Louis residents traveled by carriages and train to attend the festivities. This was just prior to the Battle of the Little Big Horn.

Home to the World's Fair Pavilion, Bandstand, Cascades-75 foot waterfall northwest of the Art Museum, Zoo, Art Museum, Munny, Jewel Box, History Museum, Planetarium, Boathouse, Steinberg Skating rink, Field House Visitor Center, Probststein Golf Course, and the Triple A Golf and Tennis Club this park now draws 10 million visitors each year for biking, roller-blading, jogging, walking, tennis, golf, archery, soccer, cricket, lacrosse, rugby, ice skating, and horseback riding.





We began our walk and bike ride at Skinker on Lagoon Drive which took us past the beautiful Probststein Golf Courses and Ruthie's Grill. I love the varied landscapes we passed!




The path which meanders around the Boathouse and Grand Basin is particularly pretty this time of year. Jon and I spent most of our time enjoying this beautiful scenery while the children biked the entire 7.5 two-way paved bike, roller-blade, and jogging path.

